

BAJUS BREAKFAST SPECIAL

A nice breakfast in 2 minutes! No fuss, no dirty pans. You could certainly substitute other cheeses for the sliced American cheese. I like the convenience of counting out the seven little tots (it so easily becomes a little song....) and the single slice of cheese. I use the French Fry Seasoning from Jack Stack BBQ in Kansas City, but any seasoned salt you like would be just fine—or plain salt and pepper if that's what your taste buds are asking for! Your microwave might be stronger than mine; keep checking the dish as it cooks. Enjoy! Janine

INGREDIENTS

- 7 tater tots
- 1 egg
- Seasoned salt
- 1 slice American cheese

INSTRUCTIONS

Place the tots in a microwavable cereal bowl.

Microwave on high for 30 seconds.

Push them to the side and break an egg into the bowl. Sprinkle with seasoned salt and then stir with a fork until the egg is blended. Don't worry if some of the tots break up.

Microwave on high for 30 seconds.

If the eggs look really loose, stir them again. Place the cheese on top and microwave on high for 30-45 seconds.

Serves 1.